

• WHAT TO BRING •

REQUIRED GEAR >>>

- Kayak or Canoe (under 14 ft)
- Race Bib (provided)
- Closed-toed Sandals or Shoes (while out on the water)
- PFD (Lifejacket)
- Hydration

(We will have hydration stations along the way, but no additional aid will be offered on the course. Plan ahead!)

Saftey Whistle (provided)

SUGGESTED GEAR

- Extra Set of Shoes & Socks (to swap out after paddling)
- Quick-Drying Layers

- Styln' Hat & Shades (to help with sun glare)
- A Towel
- A Love of the Outdoors & the Spirit of Adventure!

